

MENU OF SERVICES

Realizing that each client's unique skin care problems and personal preferences require individualized treatment plans, Renew Medi-Spa is proud to offer a full range of services with multiple choices available to address each skin care concern. Treatments are delivered by physicians, registered nurses, licensed massage therapists and medically-trained skin practitioners. Let this menu, and our professional staff, assist you in choosing your best skin solutions.

Consultation

Dr. Elizabeth Stratte, a Board Certified Dermatologist, will analyze your skin and suggest medical-grade products, or prescription medicines and treatments to address your skin care needs and concerns. She will prescribe your best solution for any lines, wrinkles, enlarged pores, age spots or redness on your skin from the many treatments available.

\$50.00 initial visit
\$35.00 return visit

Enhance Skin

Get Clear Acne Facial

For teens and adults. The facial combines agents to open clogged pores and allow for deep cleansing and extraction without irritation. **\$75**

Frequency: Every 3-4 weeks for 2-6 months.

Microdermabrasion Treatment

A spray of tiny crystals across the skin will remove dead outer layers of the skin to stimulate collagen growth, lighten age spots and improve acne and acne scars. Microdermabrasion minimizes pores and restores a youthful glow. Treatment ends with a custom blended mask for your skin type. **\$85 Series of 6 \$425**

45 min ~ Frequency: 1 to 2 times per month for 4-6 months.

Suffusion Treatment

Microdermabrasion treatment is followed by ultrasound suffusion which works at the deeper layer of the skin repairing and stimulating collagen growth. Ultrasound Suffusion is painless and leaves the skin glowing. **\$125**

Four Layer "Facelift"

Revolutionary treatment will change the image of your skin in just one treatment. Microdermabrasion, followed by high doses of vitamin C and highly active medical grade enzymes tighten, lighten and brighten the skin immediately. Imagine...a facelift... without a doctors order. **\$95**

INTRODUCING:

Face Time

\$25 Express Spa Services

- Arch Angel (*brow service*)
- Pore Thing (*blemish removal*)
- Pretty, Please (*make-up application*)

Repair Damage

Photo Rejuvenation

Levulen and Omnilux Red light targets unwanted pigment, improving age spots, shrinking the pores, decreasing oil production and smoothing the texture of skin. The treatment targets pre cancerous cells, reducing the occurrences of basal cell and squamous cell cancers. **\$350 per treatment**

Frequency: Monthly to yearly.

Enhance Skin & Repair Damage

Chemical Peel

Improve the signs of aging, sun damage and acne. Peels help fade age spots and stimulate collagen production in the cells below the surface to soften fine lines and wrinkles.

Glycolic peel **\$85 Series of 6 \$425**

Vitalize peel **\$150 Series of 3 \$375**

Obagi Blue Peel **\$200 - \$300**

Frequency: Monthly for 1-6 months.

Eliminate Signs of Aging

Microdermabrasion followed by the Aura Laser addresses brown spots, veins and redness. Excellent for acne and rosacea.

Face Treat Above followed by a custom blended mask. **\$225**

Series of 3 \$600 • Add on chest treatment for \$25.

Hands On For softer, smoother, younger looking hands.

Good bye age spots. **\$110 • Series of 3 \$300**

Legs **\$225** **Arms** **\$200**

Frequency: Every 3-6 months

Eliminate Signs of Aging and Improve the Texture of your Skin

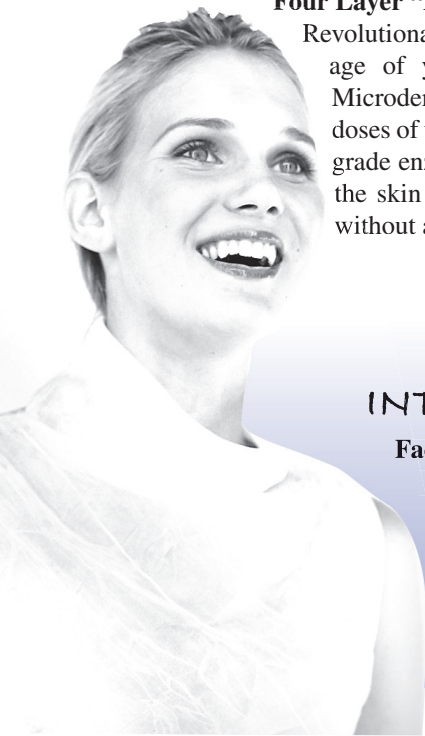
Venus Laser Peel

Venus Laser Resurfacing removes the outer layers of the skin, smoothing lines, improving texture color. Monthly treatments for five months will show improvement in elasticity, fullness, texture, color and appearance of the skin.

Consultation required. **Lunchtime peel \$400 • Weekend Peel \$500**

Frequency: Monthly for 5 months.

Renew offers monthly specials on a variety of services. Call our office, join our email list, check our website, or become a fan of Renew on Facebook to learn about our currently offered specials



Restore Youth

Botox Cosmetic

An injection that relaxes expression lines, reducing wrinkles and preventing new lines and wrinkles from forming.

\$12.50 per unit

Prices will vary depending on the area treated. Frequency: Every 3-4 months.

Restore Youth & Enhance Beauty

Cosmetic Fillers

Dermal fillers injected below the surface of the skin fill in lines, folds and make lips more plump. We offer Juvederm, Restylane, Perlane and Cosmoderm.

\$500 per syringe

Tear troughs \$250

Liquid Face Lift Prices Vary

Frequency: Injections last 6-9 months or longer depending on the area treated.

Restore Youth, Tighten the Skin, and Sculpt the Body

Thermage

Targeting the deeper layers of the skin, Thermage tightens the skin and stimulates new collagen growth.

Full face and half neck	\$2800	Tummy	\$3200
Full face and full neck	\$3200	Legs	starting @ \$2200
Eyes alone	\$1400	Arms	starting @ \$2200
Add eyes to face treatment	\$800	Buttocks	starting @ \$2200
Hands	\$1200		

Frequency: Every 6-12 months as needed.

Clear Skin and Prevent Acne

Acne Peel and Omnilux Light Therapy

Safe, effective and painless treatment of acne using the FDA approved Omnilux Light. Treatment is started with a mild glycolic skin peel to enhance penetration of the light deep into the skin.

Initial series of 8 treatments \$300, includes one initial skin peel.

Maintenance treatments include both a peel & light therapy for \$50.

Frequency: Twice weekly for 4 weeks, then monthly for maintenance.

Prevent Acne and Improve the Texture of the Skin

Photodynamic Therapy

The photo enhancer Levulen is applied to the skin followed by Blue Omnilux Light. Kills bacteria, reduces oil formation and smoothes the texture of acne scars.

\$350.00

Frequency: Monthly for 1-4 treatments.

Stretch mark / Scar Reduction

Laser Treatment

Combination laser and medical grade cosmeceutical treatment to reduce the appearance of stretch marks and scars.

Priced according to area of treatment. Consultation Required.

Remove Hair

Laser Hair Reduction

Both men and women can achieve permanent hair reduction through safe and effective laser hair removal, for a new, smoother look. Requires multiple treatments. Topical anesthetic provided. Consultation required.

	Per treatment	Package of 6 treatments		Per treatment	Package of 6 treatments
Lip	\$150	\$750	Legs	\$300-500	\$1500-2500
Lip & Chin	\$165	\$825	Back	\$250-450	\$1250-2250
Underarms	\$150	\$750	Chest	\$150-400	\$750-2000
Bikini	\$200	\$1000	Beard	\$400	\$2000
Arms	\$200-300	\$1000-1500	Abdomen	\$100	\$500

Frequency: Every 4-6 weeks for 6-8 treatments.

Remove Veins

Sclerotherapy

Sclerotherapy consists of injections of sclerosing solution that reduce and remove visible spider veins. Consultation required.

30 minutes treatment \$350.00

Frequency: 1 or more treatments, every 6 weeks.

Laser Vein Therapy

Renew uses the FDA approved Lyra laser which can treat any skin type. Consultation required.

45 minute treatment \$295.00

Frequency: 1-2 treatments, every 10-12 weeks.

Massage

Prenatal Massage

Designed with baby in mind. This gentle, safe massage brings a nurturing touch to your body, encouraging relaxation by focusing on the specific muscles that experience strain during pregnancy. A blissful escape.

60 Minutes \$90.00

Swedish Massage

A classic. This rhythmic massage employs light to medium pressure to relieve tender muscles and encourage relaxation. Using traditional movements, your therapist combines kneading and long muscle strokes to get at what your body needs most.

60 Minutes \$90.00

90 Minutes \$130.00

Osteopathic Manipulation

Dr. Paul Davis, D.O

Ranging from soft and subtle myofascial and lymphatic treatments to more direct musculoskeletal manipulation. Dr. Davis has been practicing Osteopathic Manipulation since 1997 and he is happy to treat patients of all ages. New patient appointments for Osteopathic Manipulation Treatments (OMT) are approximately one hour in length. Joint injections available.

Call for prices.

Frequency: Varies.



ELIZABETH GARDNER STRATTE, M.D.
2626 Edith Ave., Suite D, Redding, CA. 96001
530-241-7772 • renewskinsolutions.com

Cancellations:

Because of our commitment to providing the best possible experience to our clients, we require 24 hours advance notice to reschedule or cancel appointments; as such, there is a \$50 fee for missed appointments with the doctors or nurses, and \$25 for those with other practitioners. Other fees may also apply.

Gratuities:

Because Renew practitioners are medical professionals, we do not accept gratuities. We welcome your feedback and encourage you to refer friends and family.